



The following is a letter from
Pat Boswell to the Pastors
at Midtown Church

We share it
with you here on the
website with her permission:

First, I want to thank you for all the prayers. I have so many people praying for me and I'm feeling so blessed.

Now perhaps you might want to make a cup of coffee before reading this as I think I have rambled on a wee bit. 😊☕

I think that you all know that at the end of May I had vertigo really bad, but I have basically recovered from that. I'm still feeling off balance because of my inner ear issue but I'm also getting special physiotherapy to help with that. I have special exercises that I do every day and it really helps.

Then on June 12th I really started to feel lightheaded. The next day was worse and I was finding it hard to breath even just walking (wobbling) down the hallway. Friday, I decided to take my blood pressure reading - I have a cuff at home and probably should have been doing this all along. Well my blood pressure was really low. Now my rheumatologist had just increased one of my medications for the GPA disease and I remembered reading that one of the side effects could be low blood pressure. So, I called him, and he said I could skip a day of that one med and then reduce it to back where it was. The following Monday (the 17th) I had an appointment with my family doctor and after going over some test results she was concerned about my breathing and blood pressure and after listening to my heart she said that I was in Atrial fibrillation. She said that she wanted me to go to emergency right away. So off Gord and I went.

I was taken to a bed almost right away and hooked up to the monitors and given an IV. I was very fortunate that I did not have to be shocked. I was given two different medications, one to try to regulate the heartbeat and one blood thinner, plus the IV. I was also taken for a chest x-ray and they said it looked like I had Pneumonia in my left lung. So, they gave me a prescription for some antibiotics. We were in the emergency for about 4 hours or so and then they let me go home, with follow up visits. One being the Graduated Care Clinic - it's an opportunity to receive care while being able to go home. That appointment was very interesting and very informative.

Tomorrow I'm getting a heart monitor to wear for 24 hours to see how my heart is doing. I'm also waiting for an outpatient heart echo, that appointment hasn't been scheduled yet. They are very busy and have lots of people waiting for this.

I have no idea if the afib has anything to do with the GPA disease or if it just happened.

Now this may sound like a lot of doom and gloom, but I have been improving every day. My breathing is back to where it was - but that will improve even more once I feel up to getting back to longer walks outside with Gord and getting back to the gym. Gotta keep it positive. My blood pressure is back in the normal range and my balance has really improved.

Every day, every morning I feel blessed. I am so very grateful for all the people who are praying for me and all the love and support I am getting from my family - especially Gord. I couldn't ask for anyone better.

I know that God is with me through this and I am leaning on Him in everything. And going through this has made me a better prayer warrior for others. I'm constantly praying for others.

I'm not quite ready to make an appearance at church yet but I'm hoping that within the next couple of weeks I will be there. I do listen to the sermons online too.

Thank you again for your prayers.

Pat Boswell